

## Angiotensin Converting Enzyme (ACE) Inhibitors

**Definition:** Angiotensin converting enzyme (ACE) inhibitors are medications which help relax blood vessels. ACE inhibitors prevent an enzyme in your body from producing angiotensin II. Angiotensin II narrows your blood vessels and releases hormones that can raise your blood pressure. This narrowing can cause high blood pressure and force your heart to work harder.\*

## Angiotensin II Receptor Blockers (ARBs)

**Definition:** Angiotensin II receptor blockers (ARBs) help relax your blood vessels. Angiotensin II receptor blockers block the action of angiotensin II, allowing blood vessels to widen. This widening helps lower blood pressure makes it easier for your heart to pump blood.\*

## Prevention Practitioner Instructions:

If your patient meets the criteria for ACE/ARBs: check the chart to see if patient is currently prescribed any ACE/ARBs or if they had been prescribed ACE/ARBs in the past. If they have not been prescribed ACE/ARBs, refer the patient to primary care provider for discussion.

\*Definitions adapted from <https://www.mayoclinic.org>



# BETTER PREVENTION PRACTITIONER TRAINING INSTITUTE MEDICATION LIST

COMMONLY PRESCRIBED ACE/ARBs

## Angiotensin Converting Enzyme (ACE) Inhibitors

Generic Name	Brand Name
Ramipril	Altace
Lisinopril	Zestril
Enalapril	Vasotec
Perindopril	Coversyl
Perindopril/Indapamide	Coversyl Plus
Cilazapril	Inhibace
Quinapril	Accupril, Accuretic, Quinaretic

## Angiotensin Receptor Blockers (ARBs)

Generic Name	Brand Name
Losartan	Cozaar
Candesartan	Atacand
Telmisartan	Micardis
Valsartan	Diovan
Sacubitril/Valsartan	Entresto
Telmisartan/Amlodipine	Twynsta
Irbesartan	Avapro

\*THIS LIST IS NOT INTENDED TO BE EXHAUSTIVE

Adapted from Price Comparison of Commonly Prescribed Pharmaceuticals in Alberta 2018

